Supporting the Mental Health of Farmers

Friday, November 6th, 2020
8:30am-4:30pm
Offered virtually

Peer & Family Peer Support Specialists – no cost
Mental Health providers - $50

Sponsored by the Iowa Peer Support & Family Peer Support Training Program

This continuing education event is designed for Peer Support Specialists and other mental health providers.

Participants will learn:
• About the unique stress of farmers
• The impact of this stress on their mental health
• How to effectively support farmers as part of their practice.

Continuing Education (CEU) credits will be available.

Session Topics will include:
• Historic trends and current challenges associated with Midwestern agricultural production
• Stress management in the farming community
• Providing mental health support to farmers
• What farmers wish mental health providers would know
• Connecting with farmers
• The use of Peer Support to serve farmers and connect them with community-based resources


Questions Contact:
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