

North Central Farm and Ranch Stress Assistance Center: Engaging Programs to Support Producer Well-being

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Background

- North central region (NCR) agricultural producers face financial-, weather-, governmental- and time-related stressors.
- The prevalence of mental health conditions is estimated to be higher among agricultural producers than the general population.
- NCR communities are in mental health professional shortage areas, which impedes NCR agricultural producers, particularly rural ones, from obtaining adequate care

Objective

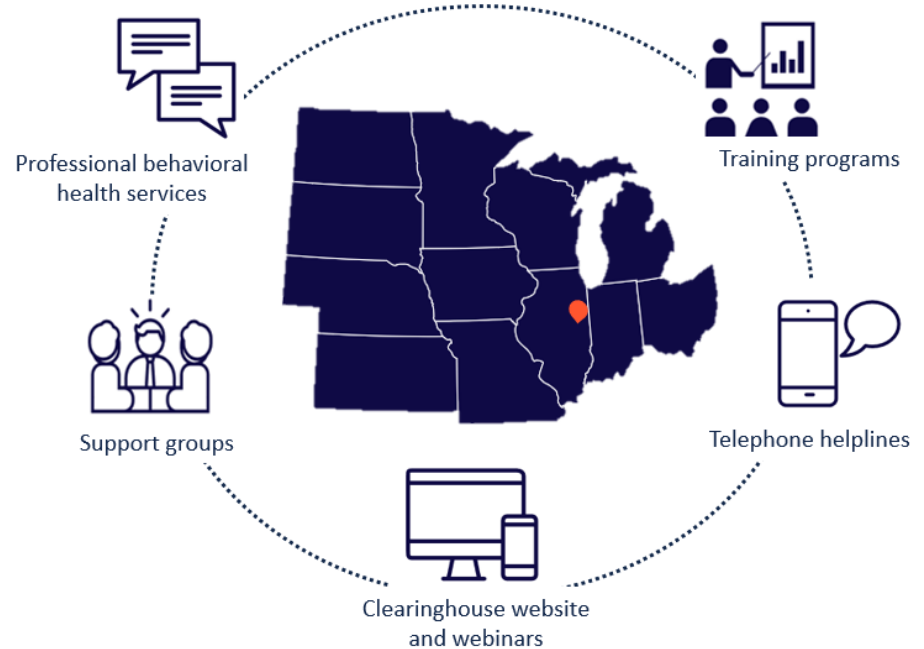
The goal of North Central Farm and Ranch Stress Assistance Center (NC FR SAC) is to create and expand stress management and mental health resources and services to agricultural producers and stakeholders.

Key Network Collaborators

Key network collaborators include

- Cooperative Extension Services in all the NCR states
- Central State Center for Agricultural Safety and Health
- National AgrAbility
- Progressive Agriculture Foundation.

Program Activities



Interest Groups

- Farm youth and families
- Farmworkers
- Agribusiness and financial decision-making
- Women producers
- Mental health and suicide prevention
- Healthcare providers



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