

# Protect Yourself To Protect Your Farm

## Ensure All of Your Tractors Have Rollover Protective Structures

When used correctly with a seat belt, a Rollover Protective Structure (ROPS) is 99% effective in reducing injury and preventing death in the case of a rollover. The protective frame of the ROPS stops the operator from being crushed, and the seat belt keeps the operator from being thrown from the tractor.

- *Tractors are the leading cause of death on a farm*
- *7 out of 10 farms go out of business within five years of a tractor overturn fatality*
- *The most frequent cause of tractor-related deaths are side and rear overturns*
- *80% of deaths caused by rollovers happen to experienced farmers*
- *1 in 7 farmers involved in tractor overturns are permanently disabled*



## Need a ROPS? Visit [www.ROPSr4u.org](http://www.ROPSr4u.org)

**The National ROPS Rebate Program (NRRP)** is a voluntary program that provides rebates for approximately 70% of the cost of purchasing and installing a ROPS (Rollover Protective Structure) kit. This rebate covers the ROPS kit (rollbar and seatbelt), shipping, and professional installation.



# Protect Yourself When Operating a Tractor



## Sun Protection

Farmers are at high risk for developing skin cancer due to working long hours outdoors. Wear light colored long-sleeve shirts and pants, wide brimmed hats and sunglasses. Use broad spectrum (UVA & UVB) sunscreen with SPF 15 or 30; reapply every two hours.



## Hearing Protection

Operating a tractor, with or without a cab, can put you at high risk for hearing loss, which is permanent and irreversible. Keep hearing protection in your tractor at all times, either earmuffs or formable foam earplugs, and use them every time you operate the equipment.



## Rollover Protection

Tractor rollovers are the leading cause of death on farms. Install a ROPS on your tractor; when used correctly ROPS are 99% effective in reducing injury and preventing death in the case of a roll-over. A canopy integrated into a ROPS can provide additional sun protection.

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