

# LAWN MOWER SAFETY TIPS

Check out these tips to avoid injuries while mowing your lawn this season.

- 1 Never use your hands to remove grass or debris from the lawnmower.
- 2 Never lift a mower from the bottom or the blades will cut your fingers, even when not running.
- 3 Never cut grass when the ground is damp.
- 4 Read your mower's instruction manual prior to use.
- 5 Do not remove any safety devices or guards on switches.
- 6 Only allow one person at a time on a riding mower.
- 7 Keep up with the maintenance of your mower, and keep blades sharp.
- 8 Do not drink alcohol before operating a lawnmower.
- 9 Wear protective goggles and gloves, and always wear shoes while mowing the lawn.
- 10 Do not allow children on or near a lawnmower, especially when it is running.

22%

of lawnmower injuries involve the hand, wrist or finger.



Lawnmower injuries are most common for:



Adults 25-64 years of age  
Children under the age of 5

25%

of all hand and foot lawnmower injuries result in amputation.



Each year, more than

75,000

people are injured using a lawnmower.

Stay safe this season while mowing your lawn. Learn more at [www.handcare.org](http://www.handcare.org).



ASSH

American Society for Surgery of the Hand