

2021 Farm Safety Calendar





Scott

January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 <i>New Year's Day</i>	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 <i>Martin Luther King Jr. Day</i>	19	20	21	22	23
24/31	25	26	27	28	29	30



Have you gotten your flu shot?

It's not too late to get a flu vaccine in January. Continue to maintain good hand washing habits to stay healthy throughout the season. The Center for Disease Control and Prevention (CDC.gov) is your best source for information about disease prevention.

I-CASH | Iowa's Center for Agricultural Safety and Health

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February 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <i>President's Day</i>	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6



Are you dressed for working in winter temperatures?

Dress in layers and protect frostbite-prone areas, such as ears, fingers, and toes. Wear waterproof boots with tread and have a change of gloves in case yours get wet.



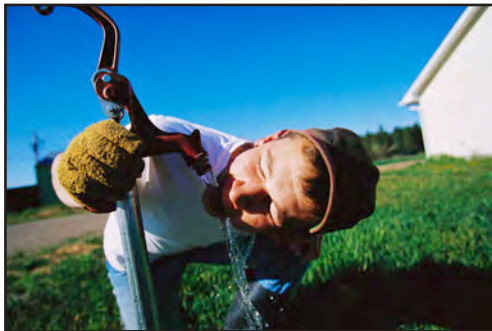
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March 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3



Have you had your well tested for contaminants?

Test your well regularly for E. coli and nitrate levels. Check with your local environmental public health office to see if your county participates in the Grants for Counties program, which provides financial assistance to Iowa residents for well testing.



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April 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1



Adult Deer Tick

Can you tell the difference between a deer tick that can carry Lyme disease and a common wood tick?

Deer ticks are the size of a poppy seed and dark reddish-brown. When working in tick-infested areas, wear light-colored, protective clothing and use a chemical repellent with DEET, permethrin or picaridin. Check for ticks daily.



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May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31 <i>Memorial Day</i>	25	26	27	28	29



Have you checked your PTO shields recently?

The Power Take-Off (PTO) driveline shield should be in good condition and rotate freely with the master shield in place at all times. Always disengage the PTO before getting off the tractor, tie back long hair, and wear clothing free of hanging strings or frayed edges.



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June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3



Does your livestock handling system keep you safe?

A good headgate is one of the most important parts of a handling system for your safety and the welfare of your cattle. It should be sturdy, easy to operate, and open smoothly and quietly. Well designed livestock facilities and equipment can prevent many animal-related injuries.



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July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4 <i>Independence Day</i>	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Are all the safety features of your skid-steer in good working order?

Most skid-steer injuries result from the bucket or arms crushing the operator. Do not bypass the machine's safety control system that locks the hydraulic mechanisms when the operator is not seated. Always use the safety restraints and lower the bucket to the ground before getting out.



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August 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



Are you up to date on your preventive health screenings?

Even during a busy growing season, staying up to date with blood pressure and cholesterol screenings will help keep you going strong all year round. When you visit your provider, tell them you're a farmer and share the hazards you experience in your work.



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September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6 <i>Labor Day</i>	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2



Do you have a confined space entry plan for your manure pits?

Pumping and maintaining manure pits puts you at risk for deadly hydrogen sulfide exposure. Develop a confined space entry plan for your farm that includes assessing the air quality prior to entering a pit.



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October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11 <i>Columbus Day</i>	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30



Do you carry two charged fire extinguishers in your combine?

Keep your combine well maintained and free of field debris to reduce the risk of a fire. Carry at least one fully charged 10 lb ABC dry chemical fire extinguisher in the cab and a 20 lb unit at ground level. Select only extinguishers with an Underwriter's Laboratory approval.



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November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11 <i>Veterans Day</i>	12	13
14	15	16	17	18	19	20
21	22	23	24	25 <i>Thanksgiving Day</i>	26	27
28	29	30	1	2	3	4



Do you stretch regularly to maintain muscle flexibility?

A long season of physical labor can result in strained muscles and fatigue. Develop a regular stretching routine to maintain flexibility, improve circulation, and reduce stress. Flexible muscles can improve your performance in daily activities making common work tasks such as lifting objects easier and less tiring.



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December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	<i>Christmas Day</i>
						1



Have you discussed a farm transition plan with your family?

Farm business transition planning and estate planning are different processes and should be coordinated. Communicate with your family members and build a team of good advisors to help you.



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I-CASH Partners and Programs

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Iowa's Center for Agricultural Safety and Health (I-CASH) is a collaborative effort between four Iowa institutions: The University of Iowa, Iowa State University, the Iowa Department of Public Health and the Iowa Department of Agriculture and Land Stewardship. I-CASH works to improve the health and safety of the agricultural population by developing statewide prevention and educational initiatives.

Real Change on Iowa Farms: I-CASH participates in the National ROPS Rebate Program and provides funding for Iowa farmers to retrofit older tractors with Rollover Protective Structures (ROPS). We provide health and safety consulting for Grow: Johnson County, an organization that provides fresh produce to 15 hunger-relief agencies in eastern Iowa, and award grants to youth groups who educate their community members to improve safety on farms in their area.

Building the Farm Safety Community: I-CASH co-hosts the annual Midwest Rural Agricultural Safety and Health (MRASH) conference along with film screenings and other events to engage Iowans across the state. I-CASH Seasonal Campaigns are distributed quarterly through Iowa State University Extension and Outreach and Farm Service Agency offices. These multi-media campaigns have included printable handouts and posters, newspaper columns, and radio public service announcements.

Communicating Issues: I-CASH shares evidence-based best practices, information about emerging issues, and resources for farm families through a variety of channels. We contribute to the monthly Safety Watch column in *Iowa Farmer Today*, distribute the Alive and Well Newsletter quarterly to over 2000 households, email a monthly listserve with recent peer reviewed literature, and produce this annual farm safety calendar.

For more information about any of our programming, or to subscribe to our newsletter, email brandi-janssen@uiowa.edu. Download our materials at www.i-cash.org.

Farm Information

911 Farm Address

Farm GPS Coordinates

Farm Field Locations

Farm Emergency Contacts

Sheriff 911 Non-emergency number	Power Company	Farm Insurance Policy Agent: Company: Policy Number:
Fire 911 Non-emergency number	Gas Company/ Fuel Supplier	Homeowner's Insurance Policy Agent: Company: Policy Number:
Ambulance 911	Farm Veterinarian	Neighbor

Crisis Services


CommUnity Crisis Services 1-855-325-4296	 <p> I-CASH Iowa's Center for Agricultural Safety and Health The University of Iowa ■ Iowa State University Iowa Department of Agriculture and Land Stewardship Iowa Department of Public Health ■ Non-profits for Farm Health www.i-cash.org </p>
Iowa Concern 1-800-447-1985	
Iowa Crisis Chat 1-855-325-4296 or IowaCrisisChat.org	
Your Life Iowa 1-855-581-8111	





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