

# Let's Talk About Farming and Suicide

## Firearm Suicide on the Farm

Compared to other workers, farmers are more likely to die from suicide using a firearm.

From 2013 to 2019, the firearm suicide rate among farmers was more than **twice** the overall population's average rate.



Working in a high-stress job like farming and having **access to firearms at work** increases your risk of firearm suicide.

If you or someone you know is in immediate danger or has already harmed themselves, call 911.

You can also call the 988 Suicide & Crisis Lifeline.

## What can you do?

Safe storage may reduce risk of firearm suicide.

### Safe storage includes storing firearms:

1. Locked
2. Unloaded
3. Separate from ammunition

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